THE WARNING SIGNS OF BREAST CANCER

DO YOU KNOW ALL 9 OF THEM?

It is important for every woman – and every man – to know and recognise the 9 warning signs of breast cancer. That is why we designed this poster for you. Put it up in a place where you can pay some attention to your breasts, for example next to the bathroom mirror, on the inside of your wardrobe or on the toilet wall even. Find a suitable spot to put up this poster and give your breasts a thorough examination!



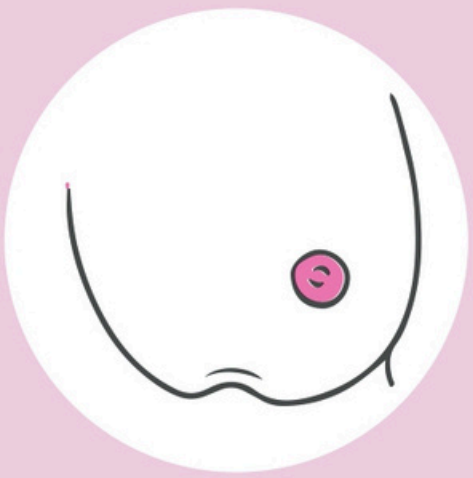
LUMP ON YOUR BREAST



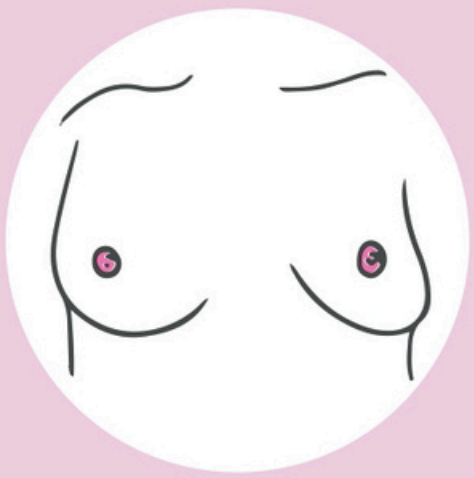
LUMP IN YOUR BREAST



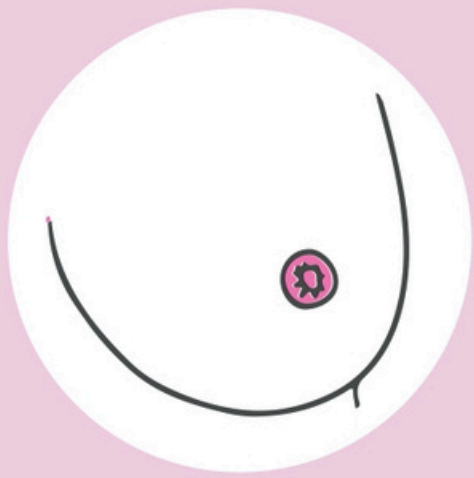
LUMP UNDER YOUR ARMPIT



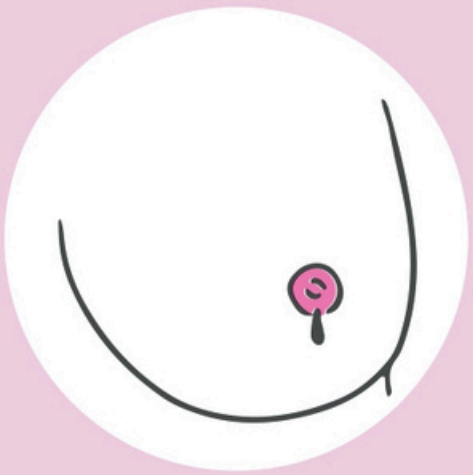
DIMPLE IN YOUR BREAST



CHANGE IN SHAPE



INVERTED NIPPLE



NIPPLE DISCHARGE



UNEVEN SKIN



REDNESS

HOW WELL DO YOU KNOW YOUR OWN BREASTS?

Go to www.mammoquiz.be or scan the QR code here and test yourself now!

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